

ELUF ★

APRIL 2011

It's hard to believe that 18 months ago most people thought playing with a Frisbee was a past time reserved for Vaalies visiting East London over December. The Thursday league participation now stands at a staggering 75 people. Frisbee is here to stay. The growth is a testament to the fanatical promotion and huge effort put in by the ELUF committee.

Looking back, there have been some highlights. The most entertaining by far was Nic's night frisbee tournament at Nahoon Beach (late December). 4 teams... vaguely identifiable, 200m of packing tape and a temperamental LED frisbee, not to mention the tribal drums and the suspect after-dark beach crowd set this tournament apart. I can't wait for the next one.

Much effort to promote the sport has been plowed into high schools this quarter. Brad Taylor, defying the old school jock sentiment in the staffroom, has managed to found a Frisbee society. Finally... a sport Stirling can compete at. Dylan Sims, the sports most ardent promoter has achieved similar results at Hudson Park, break time games now a regular event. Word is Dyl's been laying down the law to the teacher tasked with managing the sport at HP.

ELUF had a fantastic opportunity to market the game at Hudson Park recently when Dylan and Nic Labuschagne put together an exhibition game in early March. It was great to play in front of a crowd and get a taste of what can be expected as ELUF makes the trip up country to Gauteng for Nationals next month.

As has happened in other clubs around the country, two streams of players are emerging; a very-social vs quite-social split. The great thing about this game is the culture it breeds. Sunday games remain an incubator for hammers, impossible layouts and people shouting Booooyah!! (or is that just me...?!). Having access to the life saver shack has been great.

As Nationals approaches things are picking up on the preparation front. Two teams (The Hammerheads & Rebels) have been selected from the 30+ people who have availed themselves for the tournament. Tuesday fitness sessions are obligatory; beep tests, drills and tactical debates the order of the day. No doubt our teams will give it everything in the highveld. Bets are being placed on how far JP will be able to pull it in the thinner air.

Despite the rigid no-contact etiquette of Ultimate, the injury rate remains extraordinarily high, this very newsletter is being typed slowly with one hand, its partner is in a sling after a failed layout at a league encounter. Twisted ankles are our bread and butter, Monique was modelling the 'Nosed' look after a surprise pass, James made an early exit following a concussion, JP fractured a bone in his hand and Jannes's achilles has seen better days. Go big or go home.

On a lighter note, it's been great to see the new captains embracing their new responsibilities, encouraging lazy players to get their A's into G, and even re-branding. The competition is hotting up and White Lightning can't rest on their laurels (albeit an increasingly large pile of laurels).

Looking ahead, winter is approaching and while everyone enjoyed the glow in the dark game it's not a feasible long term training strategy. As such the committee is investigating a flood lit venue to accommodate the advance of sunset. Watch this space.



pack your bags

ELUF ★

ULTIMATE tournament

DATE:
June 24 - 26

PLACE:
East London

TOURNAMENT:
7-a-side Mixed Tournament

UP FOR GRABS:
R2000 to Winning Team

CONTACT:
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Brad: bradtaylorsemail@gmail.com

RESULTS

ROUND 1

Teams	Played	Wins	Losses	Bonus	Points
White Lightning	5	5	0	13	28
Grimm Leapers (A)	5	3	2	9	18
Grimm Leapers (1)	5	3	2	6	15
Red Peppers	5	2	3	6	12
Green Peppers	5	1	4	5	8
Blue Lightning	5	1	4	3	6

ROUND 2

Teams	Played	Wins	Losses	Bonus	Points
Grimm leapers (A)	5	5	0	13	27
White lightning	5	4	1	13	25
Red peppers	5	3	2	8	18
Green peppers	5	2	3	7	14
Grimm leapers (1)	5	1	4	5	6
Blue lightning	5	0	5	5	4

Other News:

The Grim Leaper 1st will hence forth be known as... The Silver Saints
The Winter League will resume on 19 May 2011 (at a to-be-announced well lit venue)

Find us on Facebook
www.facebook.com/elultimate

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Team: Red Peppers
Captain: Nic – 082 587 0094

Team: Green Peppers
Captain: Dan – 079 183 5209

Team: White Lightening
Captain: Brad – 084 586 4410

Team: Blue Lightening
Captain: Roelof – 072 322 5195

Team: Grim Leapers
Captain: JP – 082 447 9051

Team: Grim Leapers
Captain: Craig – 072 424 5430

For advertising and sponsorship enquiries please contact :

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